

Woody Aths - Cross Country

Week:	Six
Date:	2/06/2023
Location:	Golden Acres Sprint

Woodyaths run last week was the Golden Acres Sprint in the Haddon Common sponsored by the 'Luke Family'.

There will be NO running next weekend because of the Long Weekend holiday

Fastest times:

U6: Lachlan H; U8: Theo E; U10: Huon A; U12: Sullivan M; U14: Ava A; U16: U18: Kody E; Open: Elizabeth W.

Junior Handicap winners:

Theo E; Nellie W second and Huon A third.

Senior Handicap winners:

Pippa W; Ruby A second and Jed B third.

All results are displayed on our website: <http://woodyathletics.org.au/results/>

All runners are encouraged to wear MUNRO hats before and after the runs each week to promote the sponsor and go into the chocolate draw. Chocolates are donated by MARS confectionary.

This weeks draw winners was Jed B

Golden Acres	Week 6	Age	Dist	Time	Hcp	Race time	VARs	Dam Relay	Mountain	4 Ways	Lions	Scratch
									VARs	VARs	VARs	RUN
Alyssa E		u6	400	4.17	5.11	9.28	0.643	0.448	0.533	0.423	0.433	0.468
Brylee W		u6										
Grace M		u6	400	4.03	5.4	9.43	0.608	0.348	0.485	0.445	0.35	0.428
Hamish B		u6	400	3.03	5.53	8.56	0.458	0.317	0.437	0.385	0.328	0.39
Lachlan H		u6	400	2.3	6.11	8.41	0.375	0.273	0.345	0.35	0.285	0.327
Aurora L		u6	1000	7.26	1.57	9.23	0.446	0.367	0.525	0.434	0.363	0.406
Benji F		u8	1000	7.39	1.59	9.38	0.459	0.361	0.421	0.373	0.361	0.39
Connor B		u8	1000	7.42	1.44	9.26	0.462	0.386	0.524	0.437	0.376	0.413
Emrys N		u8										
Leroy B		u8	1000	5.57	2.58	8.55	0.357	0.266	0.344	0.302	0.324	0.293
Michael M		u6	1000	6.38	2.46	9.24	0.398	0.314	0.385	0.438	0.344	0.403
Theo E		u8	1000	5.53	2.24	8.17	0.353	0.379	0.383	0.336	0.339	0.376
Annabelle F		u10	1000	8.34	0.2	8.54	0.514	0.497	0.571	0.478	0.481	
Declan E		u10	1000	5.59	2.34	8.33	0.359	0.369	0.336	0.331	0.331	0.326
Fletcher M		u10										
Huon A		u10	1000	4.5	3.36	8.26	0.29	0.268	0.278	0.268	0.264	
Hyland N		u10										
Nellie W		u10	1000	6.46	1.39	8.25	0.406	0.404	0.414	0.381	0.354	0.365
Winnie M		u10	1000	8.3	0.2	8.5	0.51	0.497	0.571	0.478		
Jed B		u12	1585	8.06	15.5	23.56	0.307	0.272	0.309	0.282	0.271	0.271
Lucas E		u12	1585	11.38	14.07	25.45	0.44	0.459	0.36	0.336	0.341	0.383
Pippa W		u12	1585	10.38	13.06	23.44	0.403	0.429	0.493	0.445	0.375	0.358
Poppy E		u12										
Ruby A		u12	1585	8.39	15.09	23.48	0.327	0.269	0.297	0.314		0.312
Sullivan M		u12	1585	8.03	15.55	23.58	0.305	0.268	0.295	0.282	0.268	0.274
Bridgit S		u14										
Ava A		u14	3170	17.59	6.37	24.36	0.34	0.317	0.345	0.332		0.31
Cleopatra L		u16	3170									
Kody E		u18	3170	20.53	6.06	26.59	0.395		0.402	0.347	0.32	0.359
Benita M		Open	3170	20.48	4.5	25.38	0.394	0.344	0.373	0.369	0.358	0.381
Brian M		Open	3170	18.25	7.47	26.12	0.349	0.271	0.303	0.288	0.29	0.299
Cam M		Open	3170	22.05	4.4	26.45	0.418	0.347	0.394	0.381	0.36	0.385
Chris E		Open	3170									
Elie K		Open	3170									
Elizabeth W		Open	3170	18.11	7.34	25.45	0.344	0.28	0.307	0.296	0.292	0.306
Lucy F		Open	3170	26.1	1.14	27.24	0.495	0.412	0.454	0.479	0.442	
Tina D		Open	3170	22.37	3.4	26.17	0.428	0.377	0.417	0.398	0.366	0.372